



# Recreation

All Basic Recreation listed below are included in retreat packages; however, the outdoor pool is a Premium Recreation activity and requires minimal charges for staffing.

Please note that many of our activities require setup, orientation, and staff, so we graciously ask for two week advanced scheduling with your Conference Services coordinator.

## Basic Recreation

### Outdoor Recreation:

- "Pars on the Potomac"
- "Slippery Slopes"
- Disc Golf Course
- Sand Volleyball
- Basketball
- Kickball
- Football
- Soccer
- Pickleball
- Gaga Ball
- Horseshoes
- Hiking
- Snow Sledding Hill
- Hayrides
- Bonfires
- Cornhole
- Ladder Ball
- Baseball Field
- Recreation Field
- Two Parks

### Indoor Recreation:

- Basketball
- Volleyball
- Dodgeball
- Pickleball
- Fitness Center
- Table Tennis
- Carpet Ball
- Billiards
- Foosball
- Cornhole
- Ladder Ball



## Premium Recreation

### Outdoor Pool:

The outdoor pool is open from Memorial Day to Labor Day. It's a great place to cool off and relax during the warmer months!

**Price: \$18/hour per lifeguard**